

MORE PARENT OPPORTUNITIES

Small-Group Workshops

Each workshop will be led by a local expert and expand on topics discussed during the Families Connected Speaker Series events, including cyber safety, vaping and anxiety.

Instagram

Monday, Oct. 1, 1 – 2 p.m.

Manhattan Beach Unified School District office

Snapchat

Tuesday, Oct. 2, 6:30 – 7:30 p.m.

Manhattan Beach Unified School District office

YouTube

Thursday, Oct. 4, 6:30 – 7:30 p.m.

Parras Middle School Library

Register at southbayfamiliesconnected.org

Parent Connection Groups

These informal walking groups give parents an opportunity to connect with other parents on a range of topics. Groups are led by parent volunteers.

Wednesday, Sept. 26, 9 – 10 a.m.

Aviation Park

1935 Manhattan Beach Blvd., Redondo Beach

No registration necessary

Families Connected Parent Chat

This free support group open to all parents is held every Monday and led by a licensed professional from the Thelma McMillen Center at Torrance Memorial Medical Center.

Every Monday, 10 – 11 a.m.

Beach Cities Health District

514 N. Prospect Ave., Suite 102, Redondo Beach

No registration necessary



TORRANCE MEMORIAL
THELMA MCMILLEN CENTER
FOR ALCOHOL & DRUG TREATMENT



For mental health referrals, go to bchd.org/resources

FAMILIES CONNECTED SPEAKER SERIES



“Parenting in the Digital World” Presented by the Cyber Cop

Monday, Sept. 17, 6:30 – 8 p.m.

Hermosa Beach Community Center
710 Pier Ave., Hermosa Beach

“Blowing Smoke: What Parents Need to Know About Vaping”

Thursday, Oct. 25, 6:30 – 8 p.m.

Redondo Union High School Auditorium
1 Sea Hawk Way, Redondo Beach

Screening of “Angst: Raising Awareness Around Anxiety”

Tuesday, Nov. 13, 6:30 – 8 p.m.

Mira Costa High School Auditorium
1401 Artesia Blvd., Manhattan Beach



Register at southbayfamiliesconnected.org

Childcare available through AdventurePlex